### **Opting Out of the "Internet of Bodies":**

The Link Between EMFs/5G and 'Vaccines'... and Wholistic Solutions

 $\triangle \otimes \bigcirc \oslash \oslash$ 

#### Josh del Sol Beaulieu

Creator of 5G Summit, Take Back Your Power, THE EVENT, Re:Union Summit

**RESEARCH THANKS: Annette Roe** 

### Road map

 My awareness vector:
 'Smart' meters / EMF / 5G

2. The Control Agenda

3. EMR Research: Overview 4. Link between EMR & "Covid"?

5. Link between EMR & Injection Agenda?

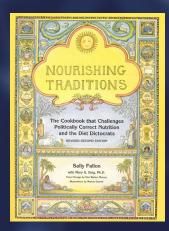
6. Solutions7. The Big Pitcher

### My process of creating this presentation



### **ME 3 WEEKS AGO**

### ME AFTER STARTING SALLY FALLON MORELL'S BOOK AND HAVING THE DAMN BONE BROTH



### 'Smart' Utility Meters

- Health risks (EMF + Voltage Transients)
- Fire risks
- Cost increases
- Surveillance
- Grid/home vulnerability







Surveillance Monitoring Analysis Reporting Technology

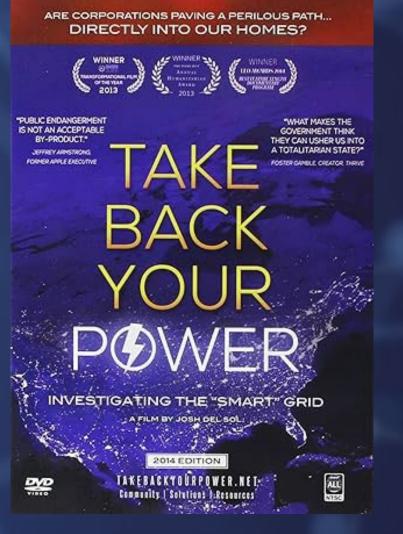






#### Released 2013, Updated 2017

Stream free: <u>TakeBackYourPower.net/watch</u>



I am an independent media producer and event host with a passion for safe technology, freedom, spirit-relationship (the Way), and solutions.

- 2014~2017: InPower Movement (co~founder) \*see CAL's talk tomorrow!\*
- 2019~2020: The 5G Summit (host)
- 2021: Re:Union Summit (co~creator)
- 2021~22: THE EVENT (co~creator)

...and I'm *still* not very good on social media... Though, find me on Telegram: <u>t.me/joshdelsol</u> & IG: <u>@josh.del.sol</u>

## The Control Agenda

Appears as being about temporal & physical

• Technocracy: Internet of Things • Biology~Modifiers •Transhumanism • Internet of People Engineering •Fear • Fragmenting of Minds • The Battle for Your Soul

Social

Revealed as being about mind, will & spiritual



### The Control Agenda: Root

The control empire is birthed out of a desire for power & sovereignty over others, instead of over oneself.

- "Spiritual Fall"
- Owning ourselves is our true birthright, aligned with the Natural Law of this free-will universe.



Seeking power in a controlling way moves the soul away from Natural Law, incurs karma, and diminishes soul-expression.

• Thus one "loses their soul" and becomes an agent for the Matrix empire, on the "lower octave."

➤The soul & divine birthright are available at any moment to all, no matter how far one has fallen away from Natural Law and the "Way" of Creator / Source... though sometimes may need "divine intervention", and then to willingly come into spiritual alignment.

BEHOLD, I SEND YOU FORTH AS SHEEP IN THE MIDST OF WOLVES: BE YE THEREFORE WISE AS SERPENTS, AND HARMLESS AS DOVES. MATTHEW 10:16

Those who **seek** should not stop seeking until they **find**. When they find, they will be disturbed. When they are disturbed, they will marvel, and will **rule** over all. [And then they will **rest**.]

~Yeshua (Jesus), Gospel of Thomas

### Electromagnetic Radiation Research

➢ When we say "EMR", we mean "non native" or "artificial" or "man-made" EMR.

EMR types being relevant to this discussion:

- Wireless radiation (600 mHz to 90+ GHz)
- Magnetic Fields
- Electric Fields
- Voltage Transients, or "Dirty Electricity"



<u>Bioinitiative.org</u>: Thousands of studies that demonstrate the effects of wireless radiation on human biology.

all results including electrohypersensitivity and comet assay study results.

#### Here are the new results for 2022

RFR Genetic Effects Studies (4/24/2022) Of 423 studies: E= 291 (68%); NE= 132 (32%)

ELF-EMF/Static Field Genetic Effects Studies (4/23/2022) Of 307 studies: E= 257 (84%); NE= 50 (16%)

RFR Neurological Studies Effects (4/24/2022) Of 391 total studies: E= 291 (74%); NE= 100 (26%) ELF-EMF/Static Field Neurological Studies (4/5/2022) Of 311 total studies: E= 283 (91%); NE= 28s (9%)

RFR Free Radical (Oxidative Damage) Studies (5/4/2022) Of 288 total studies: E= 263 (91%); NE= 25(9%)

ELF-EMF/Static Field Free Radical (Oxidative Damage) Studies (4/18/2022) Of 298 total studies: E= 270 (90%); NE= 28 (10%)

CA NOWNIOAN SIIMMARIES

Bioinitiative.org: Thousands of studies that demonstrate the effects of wireless radiation on human biology.

Biologically termine Scandards for Low-Internet	+ SECTION 1: SUMMARY FOR THE PUBLIC AND CONCLUSIONS
	+ SECTION 2: STATEMENT OF THE PROBLEM
	SECTION 3: THE EXISTING PUBLIC EXPOSURE STANDARDS
	SECTION 4: EVIDENCE FOR INADEQUACY OF THE STANDARDS
Home	+ SECTION 5: EVIDENCE FOR EFFECTS ON GENE AND PROTEIN EXPRESSION
Editors' Notes	
What's New?	+ SECTION 6: EVIDENCE FOR GENOTOXIC EFFECTS – RFR AND ELF DNA DAMAGE
Biolnitiative Report	+ SECTION 7: EVIDENCE FOR STRESS RESPONSE (STRESS PROTEINS)
Research Summaries	+ SECTION 8: EVIDENCE FOR EFFECTS ON IMMUNE FUNCTION
	+ SECTION 9: EVIDENCE FOR EFFECTS ON NEUROLOGY AND BEHAVIOR
Initiative 2	+ SECTION 10: EFFECTS OF EMF FROM WIRELESS COMMUNICATION UPON THE BLOOD-BRAIN BARRIER

<u>Bioinitiative.org</u>: Thousands of studies that demonstrate the effects of wireless radiation on human biology.

Biologically the strandards for Low Internet	+ SECTION 11: EVIDENCE FOR BRAIN TUMORS AND ACOUSTIC NEUROMAS
	+ SECTION 12: EVIDENCE FOR CHILDHOOD CANCERS (LEUKEMIA)
	+ SECTION 14: EVIDENCE FOR BREAST CANCER PROMOTION
	+ SECTION 15: EVIDENCE FOR DISRUPTION BY THE MODULATING SIGNAL
Home	SECTION 16: PLAUSIBLE GENETIC AND METABOLIC MECHANISMS FOR BIOEFFECTS OF VERY WEAK ELF MAGNETIC FIELDS ON LIVING TISSUE
TONIC	
Editors' Notes	+ SECTION 17 EVIDENCE BASED ON EMF MEDICAL THERAPEUTICS
What's New?	+ SECTION 18: FERTILITY AND REPRODUCTION EFFECTS OF EMF
Biolnitiative Report	+ SECTION 19: FETAL AND NEONATAL EFFECTS OF EMF
Research Summaries	+ SECTION 20: FINDINGS IN AUTISM CONSISTENT WITH EMF AND RFR

<u>Bioinitiative.org</u>: Thousands of studies that demonstrate the effects of wireless radiation on human biology.

#### Table 1. Reported symptoms ascribed by some individuals to be associated with exposures to EMF

In alphabetical order, obtained from Leitgeb (2009)<sup>2</sup>

		-/	
Abdominal pain	Headache	Numb limbs	
Anxiety	Head pressure	Phosphenes	
Appetite loss	Heart beat irregularity	Rash	
Arousal decreased	Heart palpitation	Restlessness	
Blood pressure increase	Hormonal disorder	Skin burning	
Breathlessness	Hypersensitivity to medication	Skin redness	
Chest pain	Hypersensitivity to noise	Skin tingling	
Concentration difficulties	Intestinal trouble	Sleep disturbance	
Crankiness	Irregular bowel movement	Stress	
Daytime sleepiness	Irritation	Sweating	
Digestive problems	Itching skin	Swollen eyes	
Dizziness	Limb pain	Swollen joints	
Dry skin	Metabolic disorder	Tachycardia	
Exhaustion	Mood changes	Tenseness	
Faintness	Mood depression	Tiredness	
Fatigue	Muscle cramps	Toothache	
Fear	Muscle pain	Trembling	
Feebleness	Nausea	Unfeelingness	
Feeling hot	Neck pain	Vision blurring	
Forgetfulness	Neuralgia	Vomiting	
Hair loss	Neurasthenia	Weariness	



≻Brian Hoyer: <u>ShieldedHealing.com</u> and <u>TheShieldingShop.com</u>

# A Link Between EMR and "Covid"?







#### 5G, Action & successes

Are 5G / Biometric Systems Being Covertly Installed During the Lockdown, Where YOU Live?

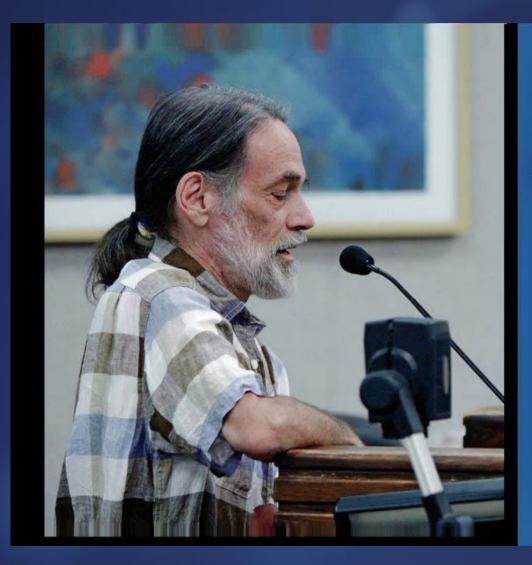


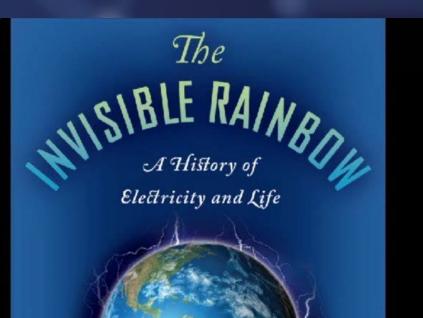
184 COMMENTS

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March 21, 2020 / 184 comments / TBYP Staff / 79,967 views

As the world grapples with the fallout of the COVID-19 situation, we write to





Arthur Firstenberg

Arthur Firstenberg

<u>J Clin Transl Res.</u> 2021 Oct 26; 7(5): 666–681.

Published online 2021 Sep 29.

PMCID: PMC8580522 PMID: <u>34778597</u>

Evidence for a connection between coronavirus disease-19 and exposure to radiofrequency radiation from wireless communications including 5G

Beverly Rubik <sup>1,2,\*</sup> and Robert R. Brown <sup>3</sup>

Author information Article notes Copyright and License information <u>PMC</u> <u>Disclaimer</u>

#### Abstract

Go to: 🕨

#### Background and Aim:

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8580522/

#### WIRELESS RADIATION EXPOSURE BIOEFFECTS

#### **COVID-19 MANIFESTATIONS**

Blood changes Short-term: rouleaux, echinocytes Long-term: reduced blood clotting time, reduced hemoglobin, hemodynamic disorders	Blood changes Rouleaux, echinocytes Hemoglobin effects; vascular effects →Reduced hemoglobin in severe disease; autoimmune hemolytic anemia; hypoxemia and hypoxia →Endothelial injury; impaired microcirculation; hypercoagulation; disseminated intravascular coagulopathy (DIC); pulmonary embolism; stroke
Oxidative stress Glutathione level decrease; free radicals and lipid peroxide increase; superoxide dismutase activity decrease; oxidative injury in tissues and organs	Oxidative stress Glutathione level decrease; free radical increase and damage; apoptosis→Oxidative injury; organ damage in severe disease
Immune system disruption and activation	Immune system disruption and activation
Immune suppression in some studies; immune hyperactivation	Decreased production of T-lymphocytes; elevated inflammatory biomarkers.
Long-term: suppression of T-lymphocytes; inflammatory	→Immune hyperactivation and inflammation; cytokine storm in severe disease;
biomarkers increased; autoimmunity; organ injury	cytokine-induced hypo-perfusion with resulting hypoxia; organ injury; organ failure
Increased intracellular calcium	Increased intracellular calcium
From activation of voltage-gated calcium channels on cell	→Increased virus entry, replication, and release
membranes, with numerous secondary effects	→Increased NF-κB, pro-inflammatory processes, coagulation, and thrombosis
Cardiac effects	Cardiac effects
Up-regulation of sympathetic nervous system; palpitations and	Arrhythmias
arrhythmias	→Myocarditis; myocardial ischemia; cardiac injury; cardiac failure

#### https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8580522/

### Dr. Magda Havas, PhD.

Is there an association between covid-19 cases/deaths and 5G in the United States?

April 22, 2020 (updated May 7, 2020). People are questioning whether there is a relationship between the rollout of 5G and the number and severity of covid-19 cases in various countries. Claims have been made that the highest number of deaths attributed to covid-19 are in those places that deployed 5G during the past 2 years. So I decided to look into the matter but found it difficult to get accurate and consistent data about 5G globally so I decided to parrow my range to the United States

Zory's Archives

Search ...

The Histor Health E from RI Microv Radiation the Arch Zory GI

5G consists of three frequency bands that can be labeled sub 1 GHz (i.e. below 1 GHz); sub 6 GHz and then much higher frequencies called mmwaves. Some states have 5G mmWaves while others do not. Angela Tsiang did an assessment of these states that is at the bottom of this webpage.

NOTE: **5G** and **5 GHz** are not the same. 5 GHz refers to a specific frequency (5 billion cycles per second) and 5G refers to a specific technology that relies on multiple frequencies.

Currently there are 58 cities in 32 states that have some form of 5G. Some states have only 1 provider while others have as many as four (if we consider Sprint and T-

Table 1. Average number of tests, cases, and deaths attributed to covid-19 for states with and without 5G telecom technology.

	Averages per 1 Million Population						
States	Tests	Cases	Deaths	n			
with 5G	14,692	2,584	129	32			
without 5G	14,234	1,324	57	19			
Ratio: with 5G vs.							
without 5G	3%	95%	126%				
T-Test (1-tailed)	P = 0.40	P = 0.02	P = 0.05				

	Total Cases per 1 million	Total Deaths per 1 million		% Cases/Tests	% Deaths/Tests	n
Mean for States with mmWave 5G	2,566	128	14,629	15.64%	0.724%	33
Mean for States without mmWave 5G	1,288	55	14,324	8.82%	0.364%	18
with vs. without mmWave 5G	99%	131%	2%	77%	99%	
p-value for 1 tailed T-test	0.0199	0.0455	0.8	0.00345	0.0191	
Correlation to Population Density	0.269	0.169	0.245	0.233	0.154	
Correlation to Pop. Density (excl. outlier Wash DC)	0.723	0.577	0.496	0.701	0.600	
Correlation to Air Quality Index	0.110	0.0553	-0.104	0.291	0.187	

What role do GWEN towers *really* play? If you knew what these were, you would tear down and destroy every single one.

This is a weapon authorities use to control the human population.

> Google mind control technologies used by secret services.

### Veterinary Medicine and Science

ORIGINAL ARTICLE 👌 Open Access 🛛 💿 🛈

# 4G mobile phone radiation alters some immunogenic and vascular gene expressions, and gross and microscopic and biochemical parameters in the chick embryo model

Md. Sadequl Islam 🔀, Md. Mominul Islam, Md. Moshiur Rahman, Khaleda Islam

First published: 19 September 2023 | https://doi.org/10.1002/vms3.1273

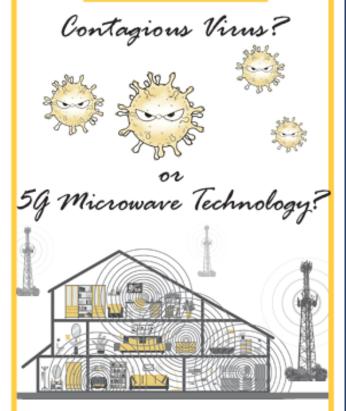
**SECTIONS** 

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Abstract

https://onlinelibrary.wiley.com/doi/10.1002/vms3.1273

#### Myths and Truths about Covid-19



THE WESTON A. PRICE FOUNDATION® for **Wise Traditions** IN FOOD, FARMING AND THE HEALING ARTS

Education • Research • Activism

The Weston A. Price Foundation is supported solely by membership contributions *Covid-19 and the 5G Connection* "Many epidemiological observations and biological studies indicate that the disease called Covid-19 is actually radiation poisoning, caused by exposure to microwaves used in 5G wireless technology."

#### How to Protect Yourself

"Minimize exposure to 5G wireless technology; minimize cell phone use; turn off Wifi in the home, at least at night. Reduced exposure is especially important for growing children."

https://www.westonaprice.org/wp~content/uploads/Covid~ Oct~11~final.pdf

# A Link Between EMR & Injections?

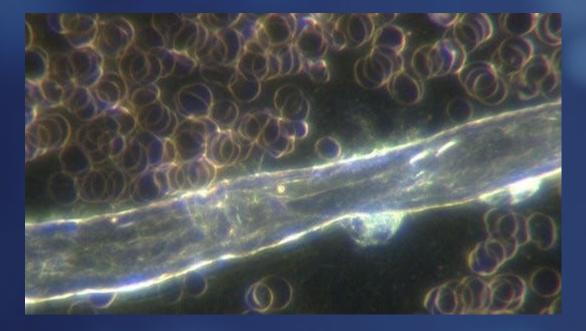
Some interesting research will be presented.

➢ By no means an exhaustive compilation... it is an emerging topic.

### EMR-Injection Research: "Teslaphoresis"

≻Rice University, 2016. <u>youtube.com/watch?v=w1d0Lg6wuvc</u>

#### EMR-Injection Research: Dr. David Nixon: Live Blood Research

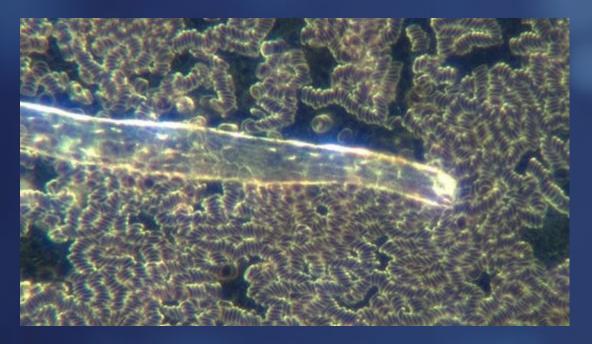


A thicker tubular structure at 400x magnification with 2 neutrophils attached.

"Unpublished data from a researcher in Australia has shown rouleaux and or thrombi being present >6 months after the last vaccine dose in >81% of vaccinated samples vs 16% of unvaccinated samples in a blinded analysis (n=314)."

<u>https://davidnixon.substack.com/p/whats-in-the-blood</u>

#### EMR-Injection Research: Dr. David Nixon: Live Blood Research

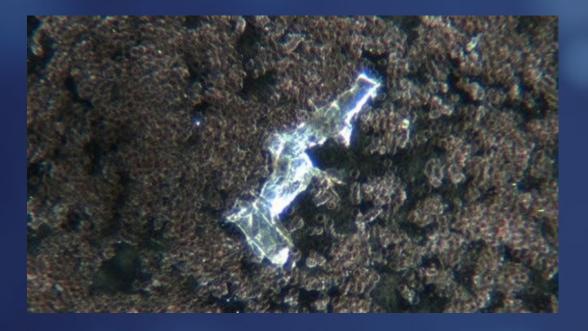


A similar structure with marked rouleaux in the background.

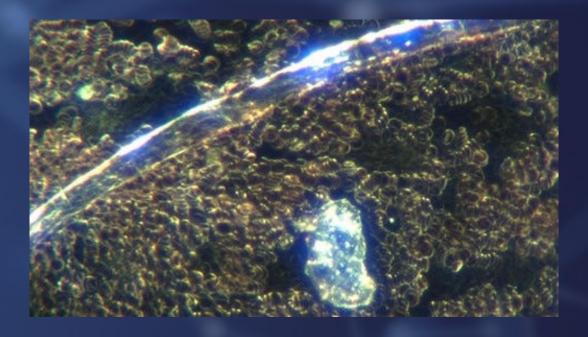
"In a recently published Italian study Cipelli and colleagues noted that more than 94% of 1006 symptomatic patients within 1 month of vaccination with Pfizer or Moderna had significant abnormalities in the blood."

<u>https://davidnixon.substack.com/p/whats-in-the-blood</u>

#### EMR-Injection Research: Dr. David Nixon: Live Blood Research



A large folded ribbon structure, rouleaux and fibrin deposition



A tubular structure and crystal with blood again showing rouleaux and fibrin deposition

https://davidnixon.substack.com/p/whats-in-the-blood

### EMR-Injection Research: Dr. David Nixon: Live Blood Research

#### A good comment:



Frances Leader Writes Uncensored Feb 23

Rouleaux blood was proven to be caused by electro-magnetic radiation 11 years ago. Dr Magda Havas produced a very neat video showing how it affects the blood.

Micro-clotting can be seen in the blood of anyone - vaxxed or unvaxxed.

The things that concern me most are those ribbons of fibrin, tubular structures and sharp edged crystals which are very strange indeed.

So many samples have now been seen that this German pathologist is calling for the vaccines to be stopped at once.

https://francesleader.substack.com/p/bombshell-news-from-german-pathologist

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https://davidnixon.substack.com/p/whats-in-the-blood

#### EMR-Injection Research: Dr. Ana Maria Mihalcea: Live Blood Research

Humanity United Now - Ana Maria Mihalcea, MD, PhD

Quantum Dots Or Self Assembled Optogenetic Micro Robots - Inducing Possible Oxidative Stress And Rouleaux Formation In C19 Unvaccinated Blood?



ANA MARIA MIHALCEA, MD, PHD SEP 16, 2023







<u>https://anamihalceamdphd.substack.com/</u>

#### EMR-Injection Research: Dr. Len Ber: "Empty Shell" Hypothesis

https://lenbermd.substack.com/p/introducing-the-empty-shell-hypothesis

#### EMR-Injection Research: Graphene Hydroxide (GOH)

#### This discovery is HUGE!

Anonymous
 whistleblower,
 SGT Report

In short, here is the process; You begin with a person and you give them a vaccination that is largely comprised of graphene oxide. This substance is in the vaccines and can also be found in some of the saline being used to dilute them, not all, but some. This graphene saline was invented in Spain a while back. What's more, the total mass of GO can be multiplied as much as 30 times! It actually makes more of itself as a response to certain frequencies. Fast forward to Dr. Andreas Noack, the guy who was recently murdered for saying the vaccines contain graphene HYDROXIDE. Chemically this is an entirely different animal and I have not been able to find any way to chelate or detox it. I have yet to see a single lab analysis that definitively proves GOH to be in in any covid vaccine vial. There may be one someplace, if you know of one I want to see it, but as far as I know there are none. So how does GOH get in there? I'll tell you. A shortcut to manufacturing graphene-based nanoparticulates that is proven viable has been discovered that involves the use of pulsed non-ionizing microwave radiation. They do not even need to use radically high frequencies, this can be done with frequencies as low as 1-2.47Ghz, so this means modulated emissions from average cellular networks can stimulate a base of graphene oxide in a person to react with other trace heavy metals also present and self-assemble other graphene based substances, like graphene hydroxide! In other words GOH does not have to be in there for it to end up in a vaccinated person's bloodstream. It can be produced there through exposure to microwave energy. There is a long list of combinatory heavy metals that comprise the menu of substances that can be manufactured in vivo, 13 of which I noticed were identified by Dr. Robert Young in a report he published. God only knows what other nano structures they are creating, but if you have seen the latest microscopy put forward in Reiner Fuellmich's legal case to the International Criminal Court you can see there is a lot of strange activity going on in vaccine vial contents as they warm up and particularly in the blood of vaccinated people as the graphene spreads throughout the body and contaminates bodily tissues. Even more incredible is the fact this material can be directed to accumulate in specific tissues like one might steer a remote controlled toy. What I am currently hoping to find is some paper that includes a "cookbook" of nanonarticulate recipes. I still have not found specific directions for the creation of specific things

#### EMR-Injection Research: Carnicom Institute: Cross Domain Bacteria (CDB) Proteins

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#### The Source of Blood Coagulation: Cross Domain Bacteria (CDB)

Home  $\rightarrow$  Foundational  $\rightarrow$  The Source of Blood Coagulation: Cross Domain Bacteria (CDB)



The Source of Blood Coagulation: The Cross Domain Bacteria (CDB) Aug 26 2023 Clifford E Carnicom

The case can now be made that the primary mechanism causing the widespread increased coagulation of blood in the "Covid Era" is the Cross Domain Bacteria (CDB). This biological entity,

 $\succ$  "The change and increase in coagulation/clotting appears to result from an apparent attractive force (i.e., electromagnetic, chemical, etc.) induced, aggravated or enhanced within blood that does show itself to correlate with the advent of the Covid Era."



#### EMR-Injection Research: Shawn Paul Melville: Reduced Graphene Oxide (rGO)

#### **Civilian Intelligence Network**

SUBSTACKS	BLUSHIELD EN	MF PROTECTIC	N CORONA CONSPIRACY	COVID CONSPIRACY	GREAT RESET	NEW WO
POLICE STATE N	NOVA SCOTIA	UKRAINE	CONTACT			



#### EUGENICS

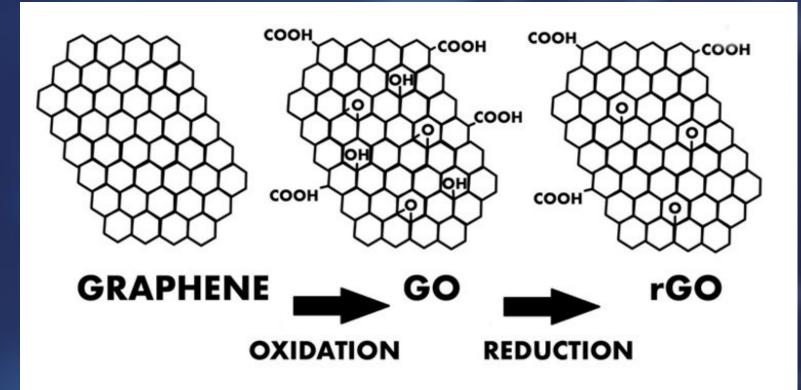
Reduced Graphene Oxide: The Real Problem Behind 5G

by Shawn Paul Melville 🕚 2023-01-15

"Graphene Oxide (GO) can be reduced when exposed to high frequencies SPECIFICALLY 5G frequencies in the GHz range. When exposed to these high frequencies Graphene Oxide is reduced to rGO..."

<u>civilianintelligencenetwork.ca</u>
<u>shawnpaulmelville.substack.com</u>

#### EMR-Injection Research: Shawn Paul Melville: Reduced Graphene Oxide (rGO)



≻ In a nutshell:

GO gains an electron to become rGO, then it becomes charged, and pulls in more frequencies that facilitate disassembly processes. <u>civilianintelligencenetwork.ca</u>

<u>shawnpaulmelville.substack.com</u>

#### **EMR-Injection Research:** Nanobiosensors

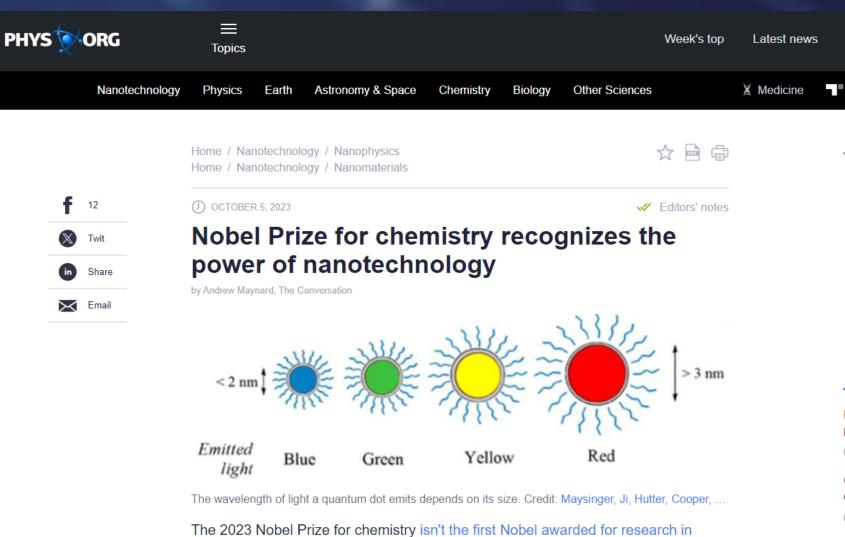


▶ https://www.mdpi.com/2079~6374/12/10/892

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#### EMR-Injection Research: Nanobiosensors



nanotechnology. But it is perhaps the most colorful application of the technology to

https://phys.org/news/2023~10~nobel~prize~chemistry~power~ nanotechnology.html

#### EMR-Injection Research: Sabrina Wallace: Cyber-physical / biofield / wireless bioprocessing

YouTube:
 "Psinergy Must
 Watch ~ Electronic
 Warfare ~ Our
 Bodies are
 Biohacked ~
 Sabrina Wallace"

<u>https://www.youtube.com/watch?v=Ay4dwsd2Ozc</u>

# WHAT GAN BE DONE AGAINST

# SUCH RECKLESS HATE ?

## THE WAY

Those who **seek** should not stop seeking until they **find**. When they find, they will be **<u>disturbed</u>**. When they are disturbed, they will marvel, and will **rule** over all. [And then they will **rest**.]

~Yeshua (Jesus), Gospel of Thomas

- 1. Physical
- 2. Mind / Will
- 3. Emotional Healing
- 4. Spiritual
- 5. Mass Action of Liability
  - (e.g. InPower: includes Spiritual invocation)

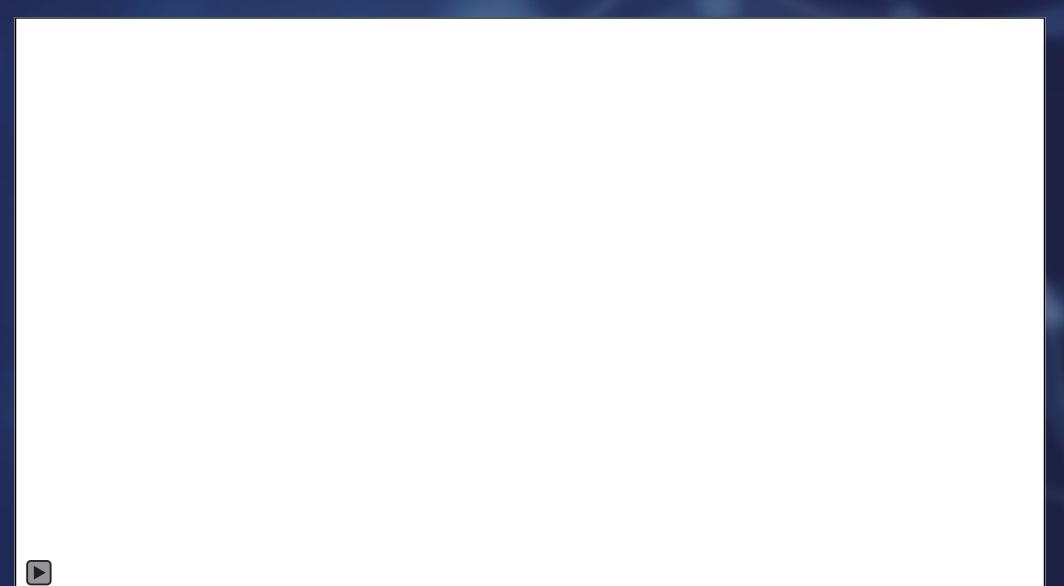
#### Sabrina Wallace:

#### Develop Your Biofield

Mark 5:36: "Do not fear, only believe."



## Dr. Ana Mihalcea



#### Shawn Paul Melville & others:

#### Distilled water

- PREMISE: H+ bonds GO
- Reduces metals, toxins.
- Be sure to mineralize.
  Adding hydrogren to water
  - e.g. AquaCure
- >Ivermectin ?
- ► EDTA chelation ?
- >MMS / MDS>Blushield tech, etc?

## Josh del Sol Beaulieu

Borax Baths

• Spiritual practice in a tub with Borax, Epsom salts, Himalayan salt & baking soda (3/4 cup each)

≻Get uncomfortable, develop your WILLINGNESS:

- Masculine side:
  - Speak up & confront. Risk rejection.
  - Assert WILL re: your body: exercise, cold plunge, Wim Hof, etc...
  - Hold more energy in your body.
- Feminine side:
  - Release yourself into the flow or your Source, and breathe.
  - Consciously practice allowing yourself to receive love.

#### Josh del Sol Beaulieu

► Breath: slow exhales

Urotherapy / plasma / making your own stem cells
Cut the artificial EMF noise

• Mitigate:

Invest in an EMF tester (under \$200)

•Use AP mode on phone... and as minimum, WiFi off at night

•Switch to <u>wired</u> internet / devices / utility meters

•Filter dirty electricity: e.g. PowerEMT.com / Satic filters etc

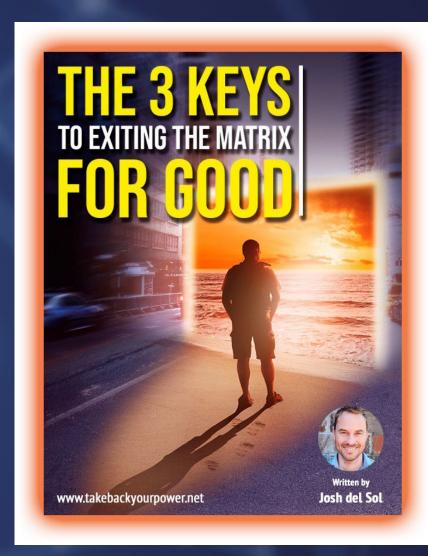
Address the outside / neighborhood EMF sources if you can

• Use your higher will to neutralize effects





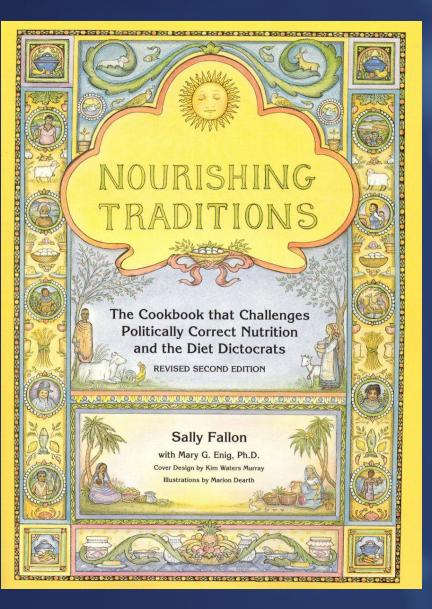
the5Gsummit.com



<u>TakeBackYourPower.net/subscribe</u>

TakeBackYourPower.net/subscribe-for-the-3-keys-toexit-the-matrix-for-good/

# Grass-fed Bone Broth !



# SERIOUSLY. JUST GET THE BOOK.

# ...AND HAVE THE DAMN BROTH. EVERY DAY FOR 1 WEEK MINIMUM TO START...

## Kristin Hope

## STEP 1~ We need to <u>examine our emotional core.</u>

- Angers, fears, false beliefs, griefs etc... what are yours? E.G.:
  - Anger "I don't want anyone controlling me"
  - ≻Fear "If someone controls me, I will be miserable"
  - ➢ False Belief "If I admit or feel any of these feelings, I will be a bad person"

## Kristin Hope

#### STEP 2~ determine the <u>root cause</u> (source) of these emotions

➤ The best way to investigate our inner core is to feel our feelings while asking ourselves the question, where did this come from, what is threatening me, when did I first feel this feeling? All feelings should be felt to their fullest extent in private with inanimate objects.

Anger – "I don't want anyone controlling me ~ why, when, where, what am I afraid of, what is threatening me?" ...e.g. answer – "my parent controlled me by spanking me and making me scared, lonely, sad and miserable"

Fear – "I felt miserable then and I am afraid I will feel miserable again."

## Kristin Hope

## STEP 3 ~ Resolve the root emotion with grief

- Grief is the healing emotion. When an issue has been fully grieved, our natural state of joy and confidence will emerge.
- Our society is churning in anger, fear and unresolved grief because we have been taught to never cry or not to cry too long. <u>Grief can't be experienced without crying.</u>
- ➢ If we never heal and resolve our grief, we will be like puppets ~ easily manipulated by lies and frequencies. Our angers and fears will give TPTB many hooks.
- > Thinking positive, setting our intentions, meditating and connecting with nature will only put a band aid on the problem if anger, fear and grief are buried deep inside.

#### Daniel 2:40-45 – The 4<sup>th</sup> Kingdom

40 And the fourth kingdom shall be strong as <u>iron</u>, forasmuch as iron breaketh in pieces and subdueth all things; and, as iron that breaketh all these, shall it break in pieces and bruise.

41 And whereas thou sawest the feet and toes, part of potters' clay, and part of iron, the kingdom shall be divided; but there shall be in it of the strength of the iron, forasmuch as thou sawest the **iron mixed with miry clay**.

#### Daniel 2:40-45 – The 4<sup>th</sup> Kingdom

42 And as the toes of the feet were part of iron, and part of clay, so the kingdom shall be partly strong, and partly broken.

43 And whereas thou sawest iron mixed with miry clay, <u>they</u> <u>shall mingle themselves with the seed of men</u>; but they shall not adhere {cleave} one to another, even as iron is not mixed with clay.

#### Daniel 2:40-45 – The 4<sup>th</sup> Kingdom

44 And in the days of these kings shall the God of heaven set up a kingdom, which shall never be destroyed; and the kingdom shall not be left to *other* people, but it shall break in pieces and consume all these kingdoms, and it shall stand forever.

45 Forasmuch as thou sawest that the stone was cut out of the **mountain without hands**, and that it broke in pieces the iron, the bronze, the clay, the silver, and the gold, the great God hath made known to the king what shall come to pass hereafter; and the dream is certain, and the interpretation of it {thereof} sure.

### InPower Movement with Cal Washington

➢ Worldwide wave of liability action, upon those actors who are causing harm. (Current wave: capped at 500 participants)

Notice of Liability process based in commerce. Includes affidavit, fee schedule, and spiritual invocation on Bible basis

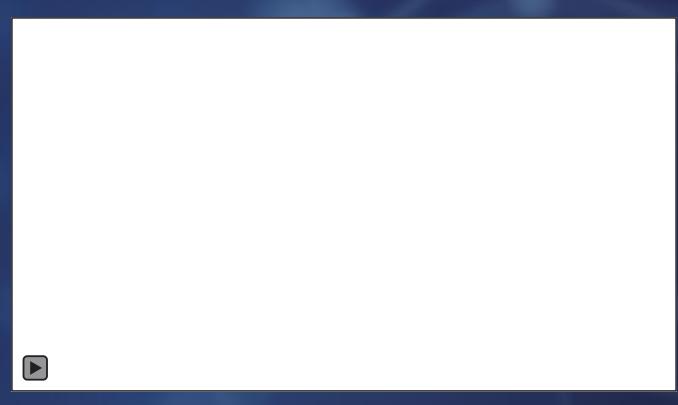
## >19 countries, 3 causes thus far:

- Mandatory vaccinations
- 5G & wireless infrastructure rollout
- 'Smart' utility meters

Amazing community with support, doc automation & teaching: <u>InPowerMovement.org</u>

## InPower Movement with Cal Washington

SOLUTIONS



Many respondents (those causing harm) are already resigning...
Don't miss Cal's talk Sunday at 8:45am!!!
InPowerMovement.org

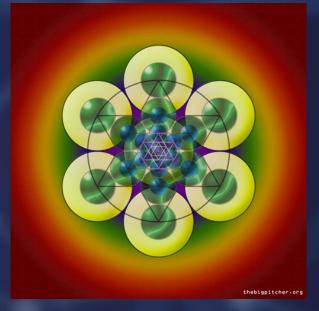
"I accept what IS. I simultaneously accept my power of CAUSATION, that is my birthright."

"If I'm *intentional*, so will God be. Over time, I will find myself in an intentional universe. And if I'm *benevolent*, so will God me, so will my universe be."

# The blinders are off

It appears that we are navigating a revelation of the fractal holographic nature of I AM.

- ➤ We are each small expressions of the whole; therein is our Oneness connection.
- ≻Macro/micro as above, so below
- >Unity within duality. There is free-will here.
- ≻"God lives in the tension between two apparent opposites."
- > We are the timeless Way, moving through time
- ➢ In time: Everyone starts out as original, then we become a copy, and the journey back home is to become fully original again.



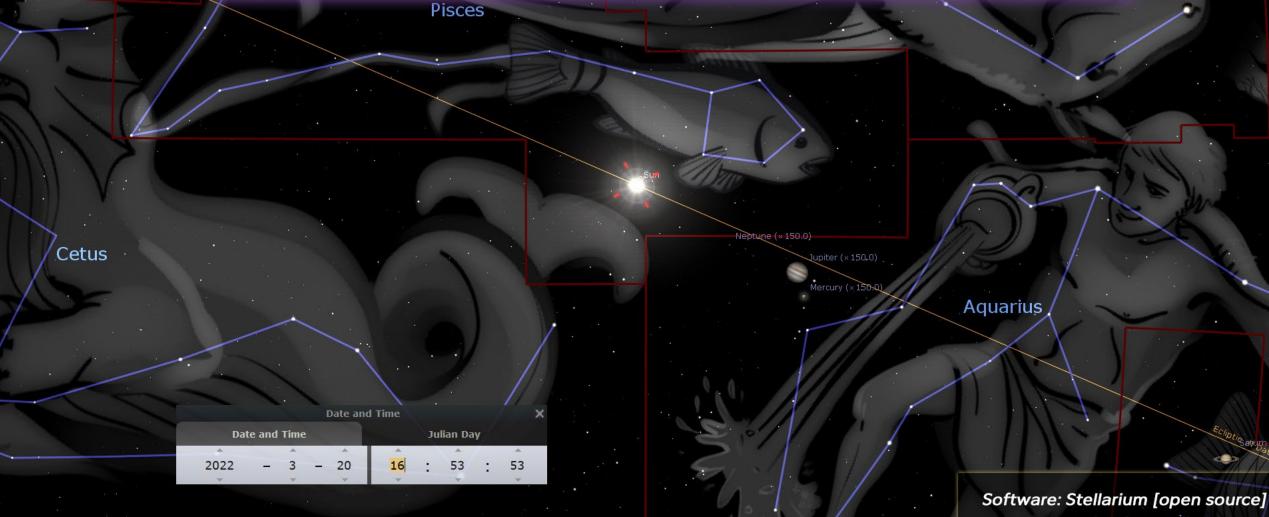
Magnitude: -26.75 RA/Dec (J2000.0): 23h58m47.32s/-0°07'55.0'

Sun

# Spring Equinox Sun - 2022 AD

Pegasus

#### **Significance: Current Position**



Earth, Jerusalem, 786 m

FOV 44.4° 17.9 FPS

03-20-2022 16:53:53 UTC+02:00

download at stellarium.org

Magnitude: -**26.73** RA/Dec (J2000.0): 1h41m45.78s/+10°40'42

Sun

# Spring Equinox Sun - 27 AD

Initiation: Pisces epoch (Yeshua/Jesus) Christ Consciousness, Grace & Unity within duality

Pisces

Themes: "God with us" / Internalizing the Temple / Law written on heart

Software: Stellarium [open source] download at stellarium.org

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Earth, Jerusalem, 786 m

Julian Day

Date and Time

Date and Time

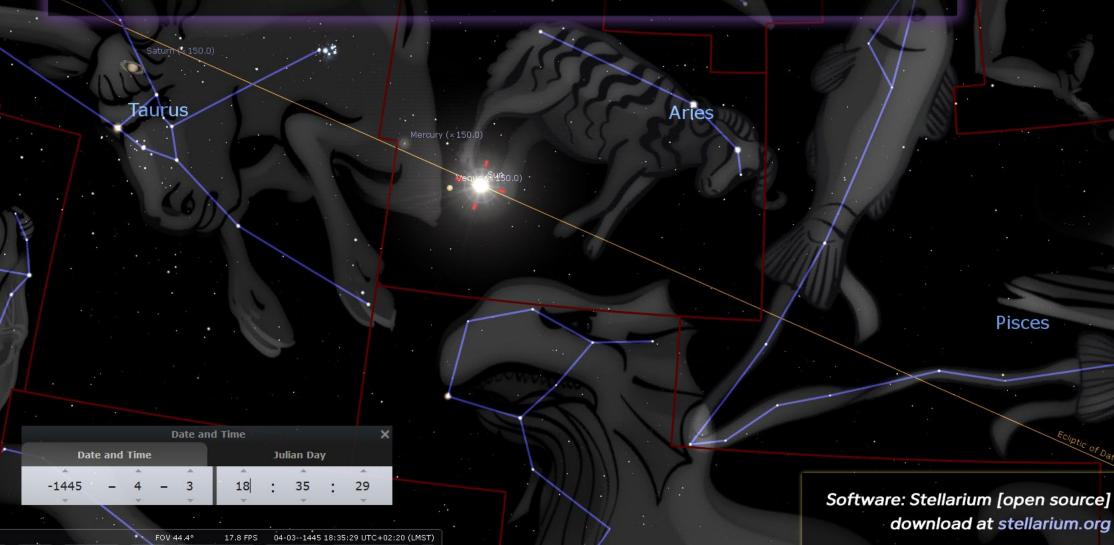
27

#### Sun

#### Spring Equinox Sun - 1446 BC dromeda

Initiation: Aries epoch (Moses) Law & Judgment codified / "Burning Bush" / "Pillar of Fire"

Themes: Cause & Effect, Karma, Fire, War (Aries/"Aryan" tribes)



Earth, Jerusalem, 786 m

Sun

# Spring Equinox Sun - 2022 AD

#### **Significance: Current Position**

Luke 22: 9~12 9 "Where do You want us to prepare it?" they asked Him.

10 "Listen," He said to them, "when you've entered the city, <u>a man carrying a water jug will meet you</u>. Follow him into the <u>house</u> he enters.

11 Tell the owner of the house, 'The Teacher asks you, "Where is the **guest room** where I can eat the **Passover** with My disciples?"'

12 Then he will show you a large, furnished room upstairs. Make the preparations there."

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2022	- 3	- 20	16	: 53		53	
	25						

Earth, Jerusalem, 786 m

FOV 44.4° 17.9 FPS 03-20-2022 16:53:53 UTC+02:0

Pisces

Aquarius

Pegasus

Software: Stellarium [open source] download at stellarium.org

# It's 2023: Are we being initiated?

What <u>octave</u> do you desire to be on?

Are your actions backing up that desire?

➤If we are being initiated... the only worthwhile initiation is one which brings us toward / into *loving integrity*. "Watch the horizon, here come the waves of avvakening."

> #propheticvvord @ChristynuJohnston

Upper Octave: Integrating Self / Re~membering / Christ embodied / Unity



*Lower Octave:* Humiliating the victim / Revelation of the method / AI singularity.

# Romans 8:19

"For all creation waits in eager expectation for the revealing [manifestation] of the sons and daughters of God."

# Daniel 12

"Many of those who sleep in the dust of the earth will awake, some to eternal life, and some to shame and eternal contempt.

Those who are <u>wise</u> will shine like the bright expanse of the heavens, and those who lead many to righteousness, like the stars forever and ever."

~Daniel 12:2~3

# We've got this.

# "Freedom lies in being bold." ~Robert Frost

"Be fearless, be brave, be bold, love yourself." -Haruki Murakami