

Wise Traditions 2026

Washington, DC Schedule

THURSDAY, OCTOBER 15

~SCHEDULE IS SUBJECT TO CHANGE~

12:00-4:30 Chapter Leader Meeting with Lunch (For current chapter leaders--no charge)

FRIDAY, OCTOBER 16

7:30-8:45 Farm-to-Consumer Fundraiser Breakfast (extra fee) **8:00-5:30** Exhibit Hall Open
6:30-7:30 Movement with Paula James

9:00-10:15 Sally Fallon Morell: Nourishing Traditional Diets, Part 1
 Alexandra Muñoz: Safeguarding Fertility in the Age of Endocrine Disruption
 Dan Kittredge: Nutrient Density

10:15-11:00 *Break and Visit Exhibits*

11:00-12:15 Sally Fallon Morell: Nourishing Traditional Diets, Part 2
 Natasha Campbell-McBride: Regenerative Farming the GAPS Way
 Laura Delano: Beyond Psychiatrization: Building a Life After Medications and Diagnoses

12:15-1:45 *Lunch and Visit Exhibits*

1:45-3:00 Leigh Merinoff: Inspiring Curious and Capable Children Through Homestead Education
 Michael Connett: An Unreasonable Risk: The Federal Court Verdict Against Water Fluoridation
 Chris Knobbe: The Seed Oil Experiment: Can We Exonerate Carbohydrates? Rethinking the Drivers of Modern Chronic Disease

3:00-4:00 *Break and Visit Exhibits*

4:00-5:15 Vanessa Hargrove: Targeted Microbial Therapy: 8 Powerful Foods that Heal Your Gut from the Inside Out
 Marc DiNola: A Modern Dentist's Look at Dr. Price's Foundational Work
 Toby Rogers: How to Stop the Iatrogenocide

6:00-7:00 *Dinner*

7:30-9:00 Thomas Massie: TBD
7:30-9:30 Del Bigtree: Talk and Film: An Inconvenient Study

SATURDAY, OCTOBER 17

7:30-8:45 Farm to Consumer Fundraiser Breakfast (extra fee) **8:00-5:45** Exhibit Hall Open
6:30-7:30 Movement with Paula James **7:45-8:30** Sponsor Presentation

9:00-10:15 Mollie Engelhart: Debunked by Nature
 Natasha Campbell-McBride, Amy Mihaly and Andie Simons: GAPS All Disease Begins in the Gut, Part 1
 Josh and Adam Bigelsen: Holographic Blood: Exploring How We Evolve as Nature Does
 Neal Bosshardt: Medical Uses of Natural Bentonite Clay

10:15-11:00 *Break and Visit Exhibits*

11:00-12:15 Helene Leeds: Wise Traditions IS Right. So Why Are So Many of Us Still Struggling?
 Natasha Campbell-McBride, Amy Mihaly and Andie Simons: GAPS Part 2
 Elisha Celeste: Fascia: Mediator Between Material and Spiritual Worlds
 Alejandro Carrillo: From Degraded Land to Nutrient-Dense Food:
 Restoring the Water Cycle through Grazing

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SATURDAY, OCTOBER 17 (continued)

- 12:15-1:45 *Lunch and Visit Exhibits*
- 1:45-3:00** Meaghan and Shane Carpenter: Keeping Fermentation Alive; Principles from Kitchen to Scale
Liz James: Battle for Our Blood: Informed Consent and Medical Freedom as it Pertains to Blood Transfusions and Blood Products
Kate Tietje: Building a Natural Remedies Cabinet for Beginners
Gregory Wrightstone: Warming and More CO₂ are Benefiting Humanity
- 3:00-4:00 *Break and Visit Exhibits*
- 4:00-5:15** Cheryl Ciecko: Is Your Home Making You Sick? How to Stop Mold Before It Stops You
Kate Pope: Feeding Baby: The First Three Years that Shape a Lifetime
Shannon Goossen: Ancient Wisdom, Modern Frequencies: Bridging the Gap in Holistic Care
Michael Clarage: Why the Electricity of the Stars Matters Here on Earth
- 5:15-5:45 *Break and Visit Exhibits*
- 6:30-9:30** **Awards Banquet Keynote:** Joseph Ladapo

SUNDAY, OCTOBER 18

- 7:30-8:45** Farm-to-Consumer Fundraiser Breakfast **8:00-1:30** Exhibit Hall Open
6:30-7:30 Movement with Paula James **7:30-8:15** Sponsor Presentation
- 8:45-10:00** Loredana Shapson: Skin Deep: How Your Gut Microbiome Affects Eczema, Acne, Psoriasis and More—and What You Can Do About It
Sally Fallon Morell: The Contagion Myth
Bernadette Pajer: Lobbied by Default: How Your Silence Shapes Pesticide Policy
Thaddeus Owen: EMF Triage for Real Life
- 10:00-10:45 *Break and Visit Exhibits*
- 10:45-12:00** Bill and Christina Schindler: Drinking Like a Human: Alcohol Through the Lens of Ancestral Fermentation
Allen Williams: From Soil to Human Health: Regenerative Agriculture Principles for Restoring Life, Resilience and Well-Being
Catherine Austin Fitts: The Power of Coming Clean
Ronald Whitmont: The Human Microbiome, Homeopathy and Chronic Inflammatory Illness
- 12:00-1:30 *Lunch and Visit Exhibits*
- 1:30-2:45** Vanessa Hargrove: Unlocking the Secrets of Sourdough
Ben Edwards: The Truth About the 2025 Mennonite Measles Outbreak
Reinette Senum: Streaks in the Sky: What We Thought We Knew, What We Discovered and Why it Changes Everything
Natasha Campbell-McBride: Don't Be a Vegetarian
- 3:00-4:00** **Closing Ceremony:** Joel Salatin: Food Emancipation: Unshackling America's Sustenance

MONDAY, OCTOBER 19

- 6:30 am-6:30 pm** Will Winter and Steve Campbell: Professionally Guided Farm Visit