WHAT HAPPENED IN 2020?
6 BILLION CASES AND OVER 6 MILLION DEATHS WORLDWIDE FROM THE “CORONAVIRUS PANDEMIC”

JOHNS HOPKINS UNIVERSITY OF MEDICINE, CORONAVIRUS RESOURCE CENTER, JHU.EDU, 2022.
Yet the COVID-19 pandemic’s estimated mortality rate is approximately 0.05% = similar to the seasonal flu.

ALL-CAUSE MORTALITY RATES UP 40% IN 2021

OneAmerica, a 100-billion dollar national life insurance company, headquartered in Indiana since 1877, noted a 40% increase in deaths in the 3rd and 4th quarters of 2021. A "three-sigma," or one-in-200-year catastrophe would result in a 10% increase in deaths.

“A 40% INCREASE IS SIMPLY UNPRECEDENTED AND HAS NEVER BEEN SEEN OR RECORDED IN THE HISTORY OF INSURANCE ACTUARIAL STATISTICAL RECORD KEEPING.”

EXCESS MORTALITY IN EUROPE IN 2022

ALL-CAUSE MORTALITY IS NOW HIGHER IN 2022 THAN 2020.

Trend is even more clear and striking in teens and adults under 50 (Summer of 2021- Most European countries began to offer mass vaccinations to people under 50)

EUROMOMO WEEK 33, 2022; BERENSON, A., SUBSTACK.COM. (EUROMOMO COMPILES DATA FROM 29 EUROPEAN COUNTRIES TO MEASURE DEATH RATES FROM SEASONAL INFLUENZA, PANDEMICS, AND OTHER PUBLIC HEALTH THREATS, SUPPORTED BY ECDC AND WHO.)
“THE COVID VACCINES ARE ALARMINGLY AND IRREDEEMABLY UNSAFE ...” DR. COLLEEN HUBER

AUTHOR OF “NEITHER SAFE NOR EFFECTIVE: THE EVIDENCE AGAINST THE COVID VACCINES”
CLEARLY DANGEROUS FROM THE BEGINNING

The shocking number of deaths—1,233 and the number of adverse events—42,086, reported to Pfizer in the initial 3-month vaccine rollout period from Dec. 1, 2020 to Feb. 28, 2021, were virtually ignored. "Those who ... enabled the gene-based agents to be injected needlessly into billions of innocent people are guilty of crimes against humanity."

Dr. Michael Yeadon, doctorate in respiratory pharmacology and former vice-president of Pfizer
COVID VACCINES MANDATED IN THE UNITED STATES

"Vaccination is the single best pathway out of this pandemic ... So I instituted requirements — and they are working."

STATEMENT BY PRESIDENT JOE BIDEN ON VACCINATION REQUIREMENTS, NOVEMBER 4, 2021
2020: THE YEAR OF LIVING DANGEROUSLY

1. FEAR AND ISOLATION
2. FALSE POSITIVE COVID TESTS
3. GRAPHENE OXIDE CONTAMINATION
4. 5G MICROWAVE RADIATION
1. FEAR AND ISOLATION
Chronic fear suppresses cellular (phagocytes, T-lymphocytes) and humoral (antibodies, interferon) immune system functioning.

“Loneliness acts as a fertilizer for other diseases ... The biology of loneliness can accelerate the buildup of plaque in arteries, help cancer cells grow and spread, and promote inflammation in the brain leading to Alzheimer's disease.”

SIKALI, K., “SOCIAL ISOLATION, LONELINESS IN OLDER PEOPLE POSE HEALTH RISKS,” J COMMUNITY PSYCHOL, 2020, NOV; 48(8) 2435-2438
MASS FORMATION PSYCHOSIS

DR. MATTHIAS DESMET, BELGIAN PSYCHOLOGIST

MASS HYPNOSIS OF A SOCIETY REQUIRES:
1. WIDESPREAD LONELINESS AND SOCIAL BONDING
2. LIFE EXPERIENCED AS MEANINGLESS AND PURPOSELESS
3. FREE-FLOATING ANXIETY
4. FRUSTRATION, AGGRESSION, AND FEELING OUT OF CONTROL

2. FALSE POSITIVES - "THE TEST PANDEMIC"

PCR test is "useless and misleading" when test is run at "35 cycles or higher."

FAUCI, A., THIS WEEK IN VIROLOGY (PODCAST), JULY 16, 2020
(RAPPOPORT, J., 11/6/20, NOMOREFAKENWS.COM)
J & J SHOT (ASTRAZENECA IN EUROPE)

JOHNSON & JOHNSON DNA SHOTS ARE MADE FROM HUMAN ABORTED FETAL TISSUE CELL LINES (YOU RECEIVE 8% OF THE HUMAN GENOME FROM ANOTHER HUMAN).

MODERNA AND PFIZER INGREDIENTS

Moderna and Pfizer mRNA shots are made from monkey cells manipulated to make genetically modified spike proteins that attach to cell membrane's ACE2 receptors and disable them.

"Disable ACE2 receptors in the heart and you have heart failure, disable ACE2 receptors in the lungs and you have pulmonary hypertension, disable ACE2 receptors in the brain and you have strokes."

1. INTERVIEW WITH STEPHANIE SENEFF, PH.D., MERCOLA, J., “THE MANY WAYS IN WHICH COVID VACCINES MAY HARM YOUR HEALTH,” MAY 31, 2021
OTHER INGREDIENTS - PEG

The adjuvant in the mRNA shots is PEG (polyethylene glycol) - a known agent of anaphylaxis.

PEG triggers mast cell activation thru IgG or IgM Release (Complement Activation-Related Pseudoallergy"


OTHER INGREDIENTS - GRAPHENE OXIDE

- Graphene oxide (GO) is a single cell layer of graphite with oxygen-carrying properties.
- GO is an industrial magnetic nanoparticle that is both cytotoxic (toxic to cells) and genotoxic (may cause genetic mutations and cancer).

ITALIAN SURGEONS FIND GRAPHENE OXIDE IN VACCINATED
STUDY OF OVER 1,000 PEOPLE

"The sudden transition ... from a state of
perfect normalcy to a pathological one ... is
unprecedented."

GIOVANNI, F., ET AL, “DARK-FIELD MICROSCOPIC ANALYSIS ON THE BLOOD OF 1006 SYMPTOMATIC PERSONS AFTER ANTI-COVID MRNA INJECTIONS FROM PFIZER OR MODERNA,” IJVTPR, 2(2), AUGUST 12, 2022, 385-444.)
“GRAPHENE POISONING IS COVID DISEASE”

- Graphene oxide induces inflammation of the mucous membranes and a loss of taste and smell, and can cause a metallic taste in the mouth.
- Graphene oxide triggers thrombi and blood coagulation and degrades the master antioxidant glutathione.
- Graphene oxide nanoparticles can pass through normal physiological barriers such as the blood-brain barrier, blood-placental barrier, and blood-testis barrier.

SOCRATES WELLNESS INSTITUTE, “GRAPHENE POISONING IS COVID DISEASE,” JULY 15, 2021, SOCRATES-WELLNESS-INSTITUTE.COM.
GRAPHENE OXIDE FOUND IN TEST SWABS AND MASKS

- A specialized graphene oxide hydrogel helps stabilize the fragile mRNA vaccines; already used in cancer treatments. All the COVID vaccines have been reported to contain this toxic nanoparticle.

- The white masks with the blue liner are contaminated with GO.

- The cotton swabs in the PCR and Antigen tests are contaminated with GO.

MITIGATING COVID SWAB TOXICITY

Activated Charcoal powder up your nose immediately after test and take 1 to 2 capsules orally.
4. 5G RADIATION

"Microwave Syndrome" - Swedish researchers found 5G installations caused radiation levels to increase from 9 mw to 1690 mw = 188 times higher.

"It is shocking that this is the first study on 5G health effects after the rollout …"
OVER 10,000 PEER-REVIEWED STUDIES
4G AND 5G ARE HARMFUL TO LIFE

"Despite widespread denial, the evidence that radio frequency (RF) radiation is already overwhelming."

CHILDREN’S HEALTH DEFENSE WON LAWSUIT AGAINST FCC

In August of 2021 it was ruled that the FCC failed to provide proof that 5G wireless technology is safe and does not cause adverse health effects.

GRAPHENE OXIDE NANOPARTICLES ACTIVATED BY 5G

- Graphene oxide (GO) has an “electronic absorption band” in the same frequency range as 5G.
- 5G wireless radiation externally excites the magnetic GO internally in the body.

SOCRATES WELLNESS INSTITUTE, “GRAPHENE POISONING IS COVID DISEASE,” JULY 15, 2021, SOCRATES-WELLNESS-INSTITUTE.COM.
DO COVID VACCINE TOXINS TRANSMIT TO OTHERS?

PARENTS SHED TO CHILDREN

Anti-SARS-CoV-2 specific antibodies measured through nasal swabs in children with vaccinated parents were found to be strongly statistically significant, as compared to children living with unvaccinated parents.

GRAPHENE OXIDE SHEDDING TO UNVACCINATED THROUGH INHALATION AND SKIN-TO-SKIN CONTACT

Doctors inundated with reports about patients getting sick from contact with recently vaccinated family and friends, or chronic symptoms from living with someone who was vaccinated.

My clinical and energetic testing experience as well - graphene oxide was being transmitted.
TREATMENT - NO MAGIC BULLET BUT …

ACTIVATED CHARCOAL'S MILLIONS OF TINY PORES CAN BIND GRAPHENE OXIDE

ACTIVATED CHARCOAL USED FOR MILLENNIA

TRADITIONAL WISDOM SINCE HIPPOCRATES | 400 BC

- Excellent binder and antidote for all types of poisoning.
- Millions of tiny pores adsorb toxic metals and chemicals, medications and drugs (overdoses), pathogenic microbes, and snake bite venom.

Note that activated bamboo charcoal (ABC) is not in my "Suggestions for Prevention and Treatment of Vaccinosis" blog article, because one could argue that ABC may be too effective and inactivate the vaccine's benefits.
ACUTE AND CHRONIC DETOX PROTOCOLS

LOUISA WILLIAMS, ND  TREATING THE ROOT CAUSE OF DISEASE

Don't Get Shamed and Blamed

COVID Tests Flawed and Actual Deaths Unknown
CHRONIC DETOX PROTOCOL

- WT DIET
- AVOID FOOD ALLERGIES
- ABC
- FERMENTED COD LIVER OIL
- EMU OIL
- QUINTON MINERALS
- CHAMP PROBIOTIC
- PAN ENERGY
- CONSTITUTIONAL HOMEOPATHY

LOUISA WILLIAMS, ND

CHRONIC RECOMMENDATIONS FOR REDUCING THE NEGATIVE EFFECTS OF COVID SHOTS

These guidelines are recommended for those who want to detoxify their bodies as much as possible from the mRNA shot or the J&J covid “vaccine.” It can also be used for those who live with or are in close proximity to vaccinated individuals, and want to reduce the negative effects of the “shedding” or transference of the viral spike proteins, graphene oxide, and the other toxins in these COVID shots. These suggested recommendations can also be helpful in detoxifying graphene oxide if you have had to, or are currently having to, take weekly COVID nasal (or oral) swab tests at school or in the workplace.

https://www.louisawilliamsnd.com/post/mitigating-covid-swab-test-toxicity
https://www.louisawilliamsnd.com/post/not-willing-to-wait

WISE TRADITIONS DIET – Cook only with saturated fats and avoid toxic vegetable/seed oils such as soy and canola oil like your life depended on it. Avoid your major food allergy using the elimination-challenge test, outlined here: https://www.louisawilliamsnd.com/post/allergy-elimination-challenge-test. Eat grass-fed and pastured meat and eggs, and never eat skinless, boneless chicken breasts again! For more information on this exceptionally healing high fat, moderate protein, and carefully-prepared carbohydrates diet go to https://www.westonaprice.org/health-topics/abcs-of-nutrition/dietary-guidelines/

ABC CAPS – 1 to 2 caps before bed, three nights a week before bed. Additionally, 1 to 2 caps should be taken as soon as possible after exposure to a recently vaccinated person. Or 1/4 to 1/2 teaspoon of the ABC powder in a little water if you have the powdered ABC. By trapping pathogenic microbes, heavy metals and toxic chemicals in its millions of tiny pores, wildcrafted Activated Bamboo Charcoal, or ABC, can support the effective excretion of these xenotoxins from the shots.

KEYNOTE SYMPTOM OF COVID VACCINOSIS?

"UP TO 80% OF ATHLETES WHO DIE SUDDENLY HAD NO SYMPTOMS OR FAMILY HISTORY OF HEART DISEASE."

SCIENCEDAILY.COM, EUROPEAN SOCIETY OF CARDIOLOGY, JUNE 16, 2022.
HEART DISEASE CITED IN SCIENTIFIC JOURNALS

- "COVID VACCINES INCREASE RISK OF SEVERE HEART INFLAMMATION UP TO 120-FOLD." (JAMA CARDIOL., APRIL 20, 2022)

- MALES BETWEEN 16 AND 29 YEARS OF AGE HAVE AN INCREASED RISK OF DEVELOPING HEART PROBLEMS AFTER RECEIVING A SECOND DOSE OF CORONAVIRUS VACCINES FROM PFIZER OR MODERNA (WITBERG, C, ET AL, NEJM, OCTOBER 6, 2021)
NEW DIAGNOSTIC TERMS ARISING FROM COVID VACCINOSIS

EUROPEAN MEDICINES AGENCY REPORTED 287 OCCURRENCES OF RARE BLOOD CLOTS WITH LOW PLATELETS AFTER COVID VACCINES.

“VACCINE-INDUCED IMMUNE THROMBOTIC THROMBOCYTOPENIA” (VITT)"

EUROPEAN MEDICINES AGENCY, APRIL 20, 2021
EXAMPLE OF SOMEONE WITH HEART SYMPTOMS?

AFTER THE JAB OR BEING NEAR SOMEONE WHO’S BEEN JABBED

**DIAGNOSIS:** PENCIL (GRAPHITE), VALSALVA'S MANEUVER, PEC MAJOR CLAVICULAR MUSCLE TEST, MRT RAL MEASUREMENT

**TREATMENT:** ABC (ACTIVATED BAMBOO CHARCOAL)
PATIENTS’ EXPERIENCES WITH ABC

- Oregon patient around Vaxxed family - 1 cap of ABC improved symptoms but in a car too long he mixed ¼ cap ABC with saline in a neti pot and flushed the sinuses—sharp headache gone quickly.

- Seattle patient working for a hospital forced to get shots and booster had “COVID” this summer. Once we changed her homeopathic remedy potency she felt fine again. She has been on ABC for months and will continue …
TREATMENT - WISE TRADITIONS DIET

NO VEGETABLE OILS EVER!

- HIGH FAT, MODERATE PROTEIN, AND CAREFULLY-PREPARED CARBOHYDRATES DIET

- ONLY COOK WITH LARD, DUCK FAT, TALLOW, COCONUT OIL, RED PALM OIL, OR CHEE (LOW TEMPS ONLY)

- NEVER EVER EAT TOXIC SEED OILS: CANOLA, SAFFLOWER, SUNFLOWER, SOYBEAN, PEANUT, COTTONSEED, RICE BRAN — OR AVOCADO OIL.
EXAMPLE OF CANOLA AND AVOCADO OIL

NEED A VOLUNTEER WHO IS RELATIVELY CLEAR AND HEALTHY

TEST
INDICATOR MUSCLE STRONG
REFLEX ARM LENGTH (RAL EVEN)

CHALLENGE
CANOLA OIL
AVOCADO OIL
AUTOPHAGY
NOT JUST WHAT YOU EAT BUT WHEN YOU EAT.

MERCOLA HAS POPULARIZED INTERMITTENT FASTING AS AN EXCELLENT TOOL FOR AUTOPHAGY.

FINISH DINNER BEFORE 7 PM AND DON'T EAT BREAKFAST UNTIL 8 AM THE NEXT MORNING = A 13 HOUR FAST.

NO WIFI

YOU CAN’T HEAL LIVING IN A 5G ENVIRONMENT.

- Put in cable/wired internet.

- In the country order Elon’s Starlink RV dish, put it on a pole facing the southern sky, and then bury the cable 30 to 150 feet from your house. Then choose “Turn off WiFi” on the Starlink AP.

- For more expert help without any sales pressure for mats, pendants, shielding bed curtains or paint, etc, contact David Bass: dbass1@icloud.com
ALSO CLEAN UP AMALGAMS AND FOCAL INFECTIONS NOW
SILVER LININGS OF THE PLANDEMIC

LIGHT SHED ON VACCINE TOXICITY AND LESS INFANT DEATHS

The 2020 "pandemic hangover" resulting in childhood vaccination rates plummeting has not dissipated. This "spillover doubt" is due to parents questioning the safety of vaccines ...
LESS INFANT DEATHS

30% REDUCTION IN US CHILD DEATHS WITHIN A FEW MONTHS OF 2020. AND A “PRECIPITOUS DROP” IN SIDS. (75% OF SIDS DEATHS OCCUR WITHIN 7 DAYS OF CHILDHOOD VACCINATION SHOTS.)

CHILDREN’S HEALTH DEFENSE, “A COVID SILVER LINING?,” 8/12/22
CONCLUSION

TREAT COVID SHOT TOXICITY SERIOUSLY

1. ANTIDOTE THE POISON WITH ABC (ACTIVATED CHARCOAL)
2. EAT A NUTRIENT-DENSE WISE TRADITIONS DIET, AVOIDING MAJOR FOOD ALLERGY
3. TURN OFF WIFI, GET CABLE OR ELON'S DISH—OR MOVE
4. TAKE NATURAL SUPPLEMENTS: FERMENTED COD OR SKATE LIVER OIL, WALKABOUT EMU OIL, QUINTON MARINE SEA PLASMA, PAN ENERGY ENZYMES, CHAMP PROBIOTIC, ETC.
5. GET ON YOUR LIFELONG CONSTITUTIONAL HOMEOPATHIC REMEDY
COMPASSION

EVEN DR. ROBERT MALONE GOT TWO COVID JABS WITH RESULTING CARDIAC DAMAGE AND HYPERTENSION, NARCOLEPSY, CNS BRAIN FOG, AND OTHER SYMPTOMS AFTER THE SECOND DOSE.

"WE ALL MAKE MISTAKES. I ACKNOWLEDGE NOW THAT THIS WAS ABSOLUTELY NOT THE PROPER WAY TO APPROACH THIS."

LOUISA WILLIAMS, ND  TREATING THE ROOT CAUSE OF DISEASE

In Dr. Williams’s book, Radical Medicine, the word "radical" (Latin: radix) means "going to the root or origin; pertaining to what is fundamental, far-reaching, and thorough."