What SHAPE of cow would Weston A Price like and how would he recommend we NOURISH her?
MY journey to WAP started …

• Jan 26 1999 Break lower leg/ankle
• 2 plus months Hydrocodone = ½ reduction in pain
• 30-35 Acupuncture treatments = regain some nerve pathways and reduce pain ½ again
• Where were you when …
• Dec 12, 2002 I saw a GOOD doctor … he recommended the WAP way of life!!!

PAIN LEFT TEN DAYS LATER
“It’s amazing what you can see Just by looking”  Yogi Berra

“This means something but I can't remember what!”
Some years ago, the author collected pictures of many high-producing dairy cows of all breeds. Silhouette tracings were made of these various animals' pictures and all were either reduced or enlarged to the same size. The remarkable fact that emerged from this procedure was that all the silhouettes had exactly the same conformation.

It cannot be doubted for a moment that there is a close relationship between body conformation and function.
Quite a bit of what I am going to share is going to sound just like that to untrained eyes and ears.

“Jake, she’s right there - dark red - got her off Luke - you blind - see the spot on the left leg - cropped right ear-swaller fork in the left.”

By Ace Reid
Things the Red Solo Cup Cow can do for me

• Calve every 12 months
• Enough butterfat to raise it
• Provide inherent fertility
• Only grass or crop residue
• Minimum of Supplements
• NOT “Freida the Freeloader”
Different horses for different courses
Glandular function controls butterfat, marbling, tender meat and FERTILITY.

- Disposition
- Small Dense Bone
- Knee joints are small
- Pointed Poll
- Vertical folds in the hide = Soft hide
- Silky Hair
- Hocks~clean
- Glandular expressions
- Escutcheon Mirror
- Buttefat/marbling

Burl Winchester

“The cows that shed earliest down their back line will be the first ones to breed when you put the bulls in”
Healthy glandular system, hide and hair coat

EARLY SHEDDING: Dr. Bonsma's one thing
Psalm 63: 5, “My soul is satisfied as with marrow and fatness.”

Number one indicator of Butterfat
“And Abraham ran to the herd, took a TENDER and good calf, gave it to a young man, and he hastened to prepare it.”

Genesis 18:7
Angle of rib bones

Jan Bonsma

Respiratory type inhales much more air than the digestive type. 250 gallons of air to make one gallon of milk
“8 pounds of sugar
In a five-pound sack”
Johann Zietsman

...without feeding grain
Calving Ease...from the female side

Page 22
Linear Measurement

Three commonalities of old cows that had 10 or 11 calves in a row w/o skipping

Big belly
Wide Butt
Slope from hooks to pins
Dr. Michael McDonald - Value of L/M

40% of difference in profit is fertility on a cow

Rump length/Rump Width

30% is maintenance costs

FLANK-vs-Top Line

20% of difference in profit is in growth

10% of difference in profit is carcass traits

Industry pushes growth and carcass because that is where THEIR money comes from!!!!!!
... some are consuming half as much as others!

Don Faulkner

"Some digest 70% of what they ingest."

Fred Provenza

Cartoon by Ace Reed
WE HAVE NEVER FOUND A CAVE PAINTING OF A SALAD
Now that we know how to choose them …
How would WAP nourish them

• A clean, mineral-rich diet
• Low stress
• Diversity of species: IN, ON AND ABOVE GROUND.
Popeye started eating spinach in 1929.

His girlfriend's name was Olive Oil.

Draft in World War One.

Averages of Calcium, Magnesium and Iron in Cabbage, lettuce, tomatoes and spinach.

Number of Scientists per 100,000 population.
Clean, Mineral-Rich foods make us look like Arnold and think like Albert Einstein
“By the sweat of your brow you will eat your food…” GEN 3:19

You can see how industrialization of food like substances has caused the nourishment to vanish.
Zach Bush states that genetics account for only 6% of disease. Remaining 94% owing to epigenetic variables.

Glyphosate can immobilize plant nutrients such as manganese, copper, potassium, iron, magnesium, calcium, and zinc so they are no longer nutritionally functional.

"Practical Wisdom" Supplement more Magnesium to cure asthma
Projected rates of disease by 2035

Autism 1-36
ADD 1-8
Asthma 1-10
Allergy 1-4
Diabetes 1-4
Obesity 1-3
Major depression 1-2
Cancer 1-2
Dementia 1-1

Dr. Zack Bush

We have to turn off the toxin spigot... If we hope to clean up this mess
LACK of minerals
Turns us into...

"Perfect Storm"
Food pyramid
Vegetable fat
73 crop failures

SOURCE: BUREAU OF JUSTICE STATISTICS
Epigenetics

• Literally means "above" or "on top of" genetics. It refers to external modifications to DNA that turn genes "on" or "off."

• These modifications do not change the DNA sequence, but instead, they affect how cells "read" genes.

Hmmmm … The Jab???

This part is to help you understand:

1) Where you are
2) How to avert common problems
3) How to get your herd health where you want it to be
to DNA that turn genes "on" or "off."
4) Express the Genetics you already own more completely in future years
Nutrition and Physical Degeneration *Weston A Price*

The common denominator in the 1930’s

5-10 times the Vitamin and MINERAL consumption of the average US Citizen, and we don’t get half of that today
LACK OF MINERALS and TOO MANY TOXINS

We can get MINERALS from a Sea Salt “MINERAL solution” and the DETOX of a sodium Bentonite clay

We need to ... Beauchamp
STRENGTHEN THE HOST

Rather than ... Pasteur
ATTACKING THE PEST
"I want someone else to figure out the WHAT and HOW for me"

THERE ARE VERY FEW CLEAN MINERAL FORMULATORS

• The following use nothing from CHINA …
  • Craftsman Gold … Will Winter
    612-756-1232
  • Custom Feeds 5/3/1 Mix … Phil
    • 402-371-6111
• Case Blom … concierge mineral
  605-680-1123
Most mixed minerals use individual ingredients from CHINA.

Most of those contain Cadmium.

Cadmium screws up a cow's ability to control internal body temperature.
How do we become the Peruvian Grandmother for our cows

• Gabe brown type soil keeps animals alkaline

• Concentrate on getting …
  • More minerals
  • Fewer toxins
  • Nothing from China (turn off the garden hose of toxins)
Brix chart - generalized markers

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20+

Insect resistance begins

Water retention abilities increase

Food is now produced

No insects
No disease

Objectively healthy

Sword and shield

Fighting chance

Force feeding necessary

Plant secondary metabolites increase
WHY’s that might get you to listen to my How’s’s

- Pink-eye in Ohio
- Registered Lowlines
- Lice in South Dakota in 5 days
- Conditioner amount in Texas (and which animals improved)
- Happy Lines in New York
- AI conception in Canada
- Flies leave in SD in 36 hours
- Australia Story
- Next year’s calf crop QUALITY
Acid or Alkaline

• 20,000-foot level … The WHY
  • ACID = Low minerals and high toxins
  • ALKALINE = Mineral-Rich, Low Toxins

• 5000-foot level … How to reach and maintain Alkalinity
  • Baking Soda 2 oz/day
  • Redmond Conditioner 4 oz/day
  • Apple Cider Vinegar 5 oz/day
  • Sea MINERAL Salt 6 oz/day and/or Mineral Water

Prevention
500-foot level … what to do today

• How to Achieve alkalinity if we know a wreck is coming
  • Baking soda 4 oz/day
  • Redmond Conditioner 4 oz/day

• How to react AFTER disease shows

• For the next week …
  • Baking soda 4 oz/day
  • Sea Mineral salt 6-8 oz/day
How do we get minerals and biology back cost-effectively?

“On 71% of earth's surface, there is no cancer, hardening of arteries, or arthritis. “

*Fertility from the Ocean Deep* by Charles Walters
Why make Sea MINERAL Water

• Above 86 degrees, all grasses lignify.
• Ancient sequestered Sea Salt has 92 MINERALS (not necessarily in balance).
• This dry form is very available to plants but not animals (or humans)
• These 92 MINERALS, “organized” through a PLANT are 90% bioavailable (grass can take up 90 of the 92 minerals…KELP)
• When sea MINERAL salt reaches homeostasis (nature’s balance) they become 50% bioavailable.
• MINERALS are approximately 20% bioavailable on average in the inorganic CRYSTAL form
Monday, Wednesday, Friday option

ONE TANK~NOT METAL~WITH A FLOAT

... 100 cows = 300-gallon tank ...

Day One-three-five are MINERAL water

• 1 bag sea MINERAL salt in a “tea bag” made from polypropylene feed sack (start with too much)
• Remove tea bag next morning and figure Sea Salt amount needed a day later.

Day Two-four-six/seven ... fresh-water days

Curing pinkeye in early July
A dung beetle walks into a bar...

"Is this stool taken?"
Redmond Conditioner and Desert Detox
The great DETOXIFIERS

• On the soil
• In stock Ponds
• In “fresh stock tank”
• In MINERAL box
• 75 year-old soaking her feet
We have “introduced” 50 million unique substances into our environment in the past 75-100 years

- Drugs don’t have side effect…THEY JUST HAVE EFFECTS!!!!!
- How do we get our immune system working at a high level
- Redmond Conditioner helps remove a plethora of toxins that are gumming up the works of our immune system.
Human miscarriages along this line went up 200% in the 12 months after the cesium cloud passed over the USA in 2011-2012 … UNWILLING
We can never produce better genetics than we start with. 365 days a year we need to be aware of the minerals and toxins in our and our animal’s environment. No place to hide from their Pollution.
Polluted air...causing epigenetic changes in utero that showed for the first-time, "the (in)ability to regulate self control over TEMPTATIONS AND IMPULSIVE BEHAVIOR ... which is related to mental health problems such as addictive behavior and ADD/ADHD”

Is your current farmer actually your friend
How to do it yourself…

The problem with this is YOU HAVE TO do your own thinking.

The great thing about this is YOU GET TO do your own thinking.

1) ~ Mineral water when possible
2) ~ Sea MINERAL Salt 5-6 ounces (enticer)
3) ~ Conditioner/Detox 4 ounces per day (enticer) for 9 months of year
4) ~ Baking soda 1-2 ounces per day (MORE when in a jackpot)
5) ~ Apple Cider Vinegar 4-6 ounces per cow per day (depending on manure)

The great thing about this is YOU GET TO do your own thinking.
The Hokey-Pokey Mineral Program to turn your health around

• How to put the "Right Stuff" in
• How to get the "Bad Stuff" out
Dr. Jan Bonsma

• If he could only use ONE thing to choose which animal to eat …

• It would be the one who shed its hair coat the earliest in the year

• It would be the healthiest animal with the healthiest meat.
Grass-finished Beef (fed is implied)

1) Fine bone
   A) Small Cannon bones
   B) Pointed poll
   C) Small diameter tail

3) Vertical folds

4) Is your producer dealing with the neighbor’s toxins
WHY’s that might get you to listen to my How’s

- Pink-eye in Ohio
- Registered Lowlines
- Lice in South Dakota in 5 days
- Conditioner amount in Texas (and which animals improved)
- Happy Lines in New York
- AI conception in Canada
- Flies leave in SD in 36 hours
- Australia Story
- Next year’s calf crop QUALITY

“I have not put a needle in an animal for sickness or seen a droopy eared calf since I started this.”

Rock in South Dakota
5 years into the program
Reading Assignment

• Man Must Measure/Bonsma Lectures Jan Bonsma
• The Milch Cow Francois Guenon
• Pottinger's Prophecy Graham, Kestin, Scherwitz
• MAN, CATTLE AND VELD Johann Zietsmann
• Reproduction and Animal Health Gearld Fry
• FACTORS AFFECTING CALF CROP Koger (91 or earlier version)
• Nourishment by Fred Provenza
• Dirt to Soil Gabe Brown
• Dirt: The Erosion of Civilization David Montgomery
• Herd Bull Fertility James Drayson
Waddington’s Epigenetic Landscape

Anibal Pordomingo ~ 40%-70% digestion
Don Faulkner ~ “Some animals eating twice as much as others.”
Fred Provenza ~ Animals offered a choice of four feeds ate less and gained more than animals fed those same four feeds in a TMR

When do we wean
How do we wean
What do we feed
Arizona strip heifers

Poor ------------------------------- Best
Tailor Made Cattle: Helping you solve your Genetic and Epigenetic Challenges

Steve Campbell
2365 Echo Avenue
Parma, Idaho 83660

Cell: 208-315-4726
Email: steve@tailormadecattle.com
Web: tailormadecattle.com